YOUTH OLYMPIC GAMES

Conditions of Selection

TEAM MALTA

31ST OCTOBER TO 14 NOVEMBER 2026

MALTESE OLYMPIC COMMITTEE

Dakar 2026

MINIMUM QUALIFICATION STANDARDS
Conditions of Selection

Athletes, and their coaches, wishing to be considered for selection for this high-level competition are required to:

1) The qualification period will commence on 1st January 2026 and 5th July 2026 .

2) The IOC is the sole responsible entity that selects which events Team Malta will be competing in.

3) Athletes and officials are to fill in the following Form by 30th June 2026: https://forms.gle/Xhrq97cEZHYy7ahB7 This information will be used for the long list and logistics purposes. Each member of Team Malta is required to sign the code of conduct found on the website: https://nocmalta.org/resources-for-athletes/documentation/

4) Coaches and athletes are obliged to discuss the yearly training program (with regular updates as required) starting from April 2026 up to November 2026 with the Association Technical Committee who in turn shall relay such information to the MOC technical commission. Overseas-based athletes will have their respective coaches send bi-monthly reports with possible virtual meetings with coaches as deemed necessary both with Association & MOC Technical Commission.

5) All athletes aspiring to participate in the Games will be subject to Diagnostic Fitness Tests at the Maltese Olympic Committee FDL Lab. These tests are obligatory and failure to attend without a valid reason and / or notification, will result in an automatic exclusion from the Games.

6) Athletes are required to attend training camps with the National Team, both locally and abroad as requested by Technical Committee of the Association. It is expected that athletes follow the direction / training of the national coach during such training camps / sessions.

7) Any member of the MOC and /or technical commission shall have the right to visit in person the training being carried out.

8) Any injury or sickness is to be reported **immediately** to the technical commission and Medical Commission of the MOC and also to the Medical Team of the Association. No athlete will be permitted to take part in the Games with any illness or injury which may hinder the athlete's performance and/or the team's performance. The MOC Medical Team reserves the right to certify each and every athlete for these games.

9) It is mandatory for Team Malta members to take the required the injections and tablets as per the national (Maltese) vaccination regulations to Senegal. Members who do not comply will be automatically excluded from the team.

10) Athletes are to follow instructions by the medical team of the association and MOC for fast recovery from injury.

11) All athletes residing in Malta are to take compete in national competitions (and National Championships if MOC and federation requests it). Athletes based abroad are to keep MOC informed regularly of the results obtained. Athletes are required to compete in International Competitions and at those events for which the Technical Committee of the Association and MOC requests participation. This need to be approved by the MOC technical team and the federation/association. All results and technical report are to be communicated to the DoS and to the federation/association not later than 7 days from the date of competition.

12) The Technical Commission reserves the right to communicate and meet up with any athlete, coach and technical team member who are on the long list.

13) All athletes, coaches and appointed representatives of federation/association are required to accept, abide by the rules and regulations as well as sign a contract of code of Conduct of the MOC. Team Malta members are required to attend the press conferences, and any activities organised by MOC as regards the mentioned games and the MOC athletes' commission. Funded Athletes breaching these conditions could also be asked to refund any funds already approved and/or paid as per athlete's contract.

14) As part of the ongoing learning and safeguarding of our athletes and entourage, the following courses are a requirement for the selection (certificate issue date must be January 2026 or later):

    Athletes:
    a) International-Level Athletes Education Program (English) https://adel.wada-ama.org/learn/learning-plans/1/international-level-athletes-education-program-english
    b) Certification of Preventing Competition Manipulation: https://olympics.com/athlete365/learning

    Coaches:
    a) Coaches of High Performance Education Program (English) Certificate - https://adel.wada-ama.org/learn/learning-plans/7/coaches-of-high-performance-education-program-english
    b) Certificate of Safeguarding Athletes from Harassment and Abuse - https://olympics.com/athlete365/learning

    Entourage:
    a) Certificate of Safeguarding Athletes from Harassment and Abuse - https://olympics.com/athlete365/learning

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15) All decisions taken by the technical commission and MOC pertaining to the Dakar 2026 will be deemed as final. **Reaching the MQS does not secure a place in the selected team.** Apart from reaching the MQS, international and national ranking, skill and fitness level, consistent results, a positive inclusion to the team and the need for Team Malta are taken in consideration.

16) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the MOC. Only in exceptional cases, shall the MOC accept (and has the right) to deviate from the above, and this particularly if it is clear that such deviation could result in better performances at the Games.

17) Unless otherwise stated in the sports conditions below, the **final day** to be considered for selection to be part of Team Malta is **5th July 2026.** This means that any athlete competing abroad needs to send official result to their association and MOC director of sport by the said date.

18) No athlete, personal coaches or members of the federation are to post/publish the selected team before it is officially confirmed by the MOC of Malta

Version 1
All information is valid and correct as at 20th May 2026.

Artistic Gymnastics

IOC allocated one spot for Team Malta in the following events:

- Artistic Gymnastics - women

Conditions:

a) The gymnast (FIG Junior) with the best AA score achieved in 2026 up to 5th July 2026 will be considered for selection. Consistency throughout the months will be taken in consideration.

b) Only 1 gymnast will be selected.

c) The gymnast must be minimum 14 and maximum 15 years old for women's event at the time of the Games, including up to the Closing Ceremony, with the minimum age requirements per discipline aligned with the FIG Technical Regulations and approved by the IOC as follows:

> *To be eligible to participate in Dakar 2026 Youth Olympic Games, all athletes must hold a FIG License valid until the conclusion of the Artistic Gymnastics competitions at Dakar 2026 Youth Olympic Games. All NOCs with an individual athlete (i.e., for NOC without a Team) must have participated with an individual athlete in at least one FIG sanctioned junior or youth event in 2025 and 2026, to be eligible to obtain an individual athlete quota place.*
> *Athletes who have participated in a Senior World Championships, a Senior Continental Championships, a World Cup/World Challenge Cup, and Multi-sport Games, may not participate in Dakar 2026 Youth Olympic Games.*

ATHLETICS

IOC allocated a spot for Team Malta in the following events:

- 400m Men
- 800m Men

Conditions:

a) The athlete with the best time achieved in 2026 up to 5th July 2026 will be considered for selection. Consistency throughout the months will be taken in consideration
b) Only 1 athlete per event will be selected
c) Age group eligible for selection are: athletes born between the 1st January 2009 up to 31st December 2010
d) Athletes must be registered with a Member Federation of World Athletics.

SWIMMING

IOC allocated a spot for Team Malta in the following events:

- 100m Freestyle Women

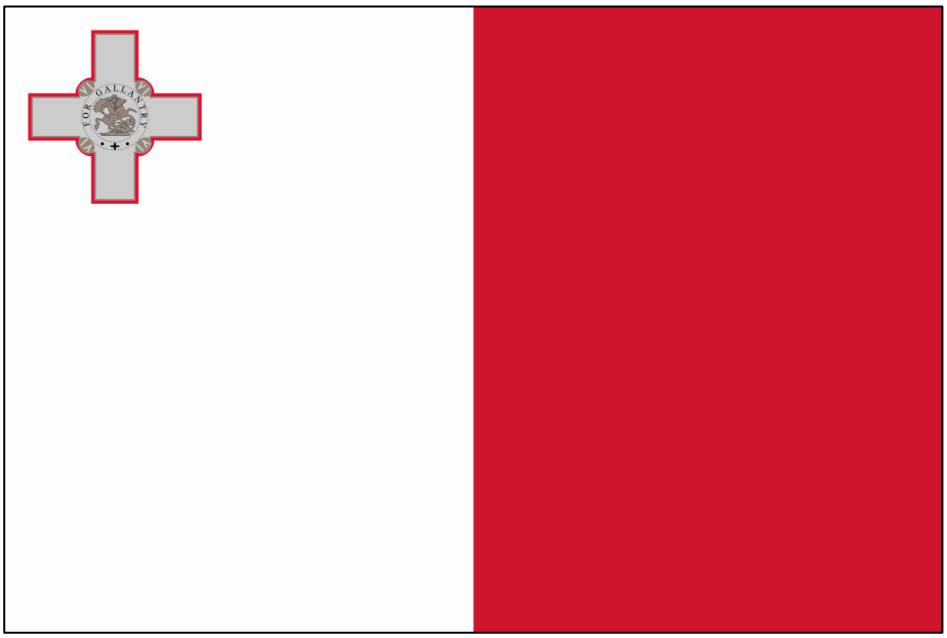
Conditions:

d) The swimmer with the best time achieved in 2026 up to 5th July 2026 will be considered for selection. Consistency throughout the months will be taken in consideration.

e) Only 1 swimmer will be selected. To be eligible for selection by the NOC, the swimmer must have been listed on the World Aquatics Ranking at any time during the period from 1st February 2025 to 23rd May 2026.

f) The swimmer selected may be entered to three other events, provided they meet the eligibility requirements for those events. All requests will be reviewed by World Aquatics. Please note that approval of participation in additional event entries is not guaranteed.

g) Age group eligible for selection is: swimmers must be older than 14 years of age as of the date of the Opening Ceremony (31 October 2026) and must be younger than 17 years of age on the date of the closing ceremony (13 November 2026)



*Forming part of Team Malta is an **honour** for each one of us.*

*Competing at the best of our abilities is our **duty**.*

*Flying the Maltese flag high is our **responsibility** to make sure we live and promote the Olympic Values to our nation and to the next generation.*